Charlie:

The cabbages are in the ground, again. Yes, again. The first batch were dug up and eaten by the chickens. I had originally planted 12 cabbages with onions interspersed all around them. Thankfully the chickens don't seem to like onions. Now the chickens are back in their pen while the new cabbages get established. The worst part of growing cabbages are the cabbage worms. I have a secret spray that I use to keep them off. I take 1 teaspoon of Dr. Bronner's Baby Mild Soap and a tablespoon of Ballistol and add it with a quart of water in a spray bottle. It keeps the worms off the cabbages and even kill ones that still make it on. And it's biodegradable and safe to use right before harvest.

I made pemmican this week as well. Super easy to make. I dehydrated a top round roast over a period of 18 hrs and then pulverized it in the blender. I then took some grass fed beef tallow that we rendered from the fat we got from our cow and combined it with the meat powder and salt. Spread it into a lined pan and let it cool. Then I cut it into shelf stable meat snacks for work.

Jessica:

My comments on the chickens in the pen are that I always feel sad for the chickens when I see them out there stuck in one place. Although the kids now go outside and play much more frequently as the rooster isn't able to get out. They are all terrified of him because he jumped our oldest daughter and claps his wings at the boys. Our hen, Bruisey, is the only chicken that currently free ranges. This is the 4+ year old chicken that had her comb ripped and we had to amputate the comb. We aren't exactly sure where she sleeps, but she's pretty happy running around by herself. It's my opinion that we should make her into chicken soup, but Charlie thinks we should let he live out her life as a rouge chicken.

If you liked this newsletter please be sure to share with your friends.

Find us at: www.colesonthecoast.com, Twitter @colesonthecoast, Facebook: Coles on the Coast, instagram @colesonthecoastpodcast, YouTube @colesonthecoast

Free Money

If you want to get started with Bitcoin then the easiest way is the Fold card. Fold is a prepaid debit card that gives you Bitcoin rewards on every purchase. Use my link and get 20,000 Sats when you download the app and sign up for the card.

Link: https://use.foldapp.com/r/JCWW4JK7